Intergroup District 17 Marion County, Florida

The Voice

Volume 29, Number I January 2012



Intergroup District 17

3666A NE 25th Street Ocala, FL 34470 In the N.E. 36th Ave Industrial Park.

Phone: 352-867-0660

Office Hours

Monday-Friday 10 am to 5 pm Saturday 10 am to 2 pm

Website: www.aaocalamarion.org Email: aaocalaintegroup@gmail.com

Get Involved. Next Meeting. Sunday, January 8, 2012

Intergroup Steering Committee 4:30pm, Intergroup Reps 5:15 pm St. Mark's United Methodist Church 1839 NE 8th Ave, Ocala



Have a
Happy and
Sober
New Year
Intergroup 17

A quote for January

"AA is no success story
in the ordinary
sense of the word.
It is a story of
suffering transmuted,
under grace,
into spiritual progress.

Bill W, 1959 Letter, excerpted from As Bill Sees It One member's voice

Finding freedom in surrender

A story of experience, strength, and hope

"Admitted we were powerless over alcohol that our lives had become unmanageable."

"Who cares to admit complete defeat?" Bill W hit the nail squarely on the head when he wrote the opening words of *Twelve Steps and Twelve Traditions*. He answered his own question with equal force and precision, "Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness."

I, like so many others say they did, fought tooth and nail for years to prove I wasn't defeated, refusing to surrender long after the ultimate outcome was a foregone conclusion, incurring and inflicting injury upon injury, denying desperately to convince myself, "I am not one of *those* alcoholics."

Perversely, I acknowledged for years that I drank too much and would even allow that I might border on being an alcoholic. Always defiant and oddly proud, I qualified that admission with the caveat that, even at my worst, I was a "high functioning" alcoholic, and I could prove it.

In fact, I did just that many times. Recalling what I had learned in eighth-grade science, I set out to prove I wasn't a "true" alcoholic using the "scientific method," which, according to whoever writes Wikipedia, is "a systematic observation, measurement, and experiment, and the formulation, testing, and modification of hypotheses."

Aha! Science to the rescue! I stated my hypothesis in the designated style: "If I can go 90 days without drinking, I am not an alcoholic." Then, after systematic observation and measurement, just as I hypothesized, I went 90 days without drinking and proved beyond doubt that I was not alcoholic.

Of course, the 90 days time frame was totally arbitrary and baseless, and I had

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Tradition One Easy to write about. A challenge to live.

"Our common welfare should come first. Personal recovery depends on AA unity.

If you have the opportunity to travel and see what is happening in the fellowship of Alcoholics Anonymous in other areas of the United States, you get to see for yourself just how fortunate we are to live and stay sober in Marion Country, an area where the quality of life in AA is alive and well.

This is not so everywhere. For the first time in the history of AA, the number of members in the fellowship is actually declining. Some of us feel this is a direct reflection of how the AA traditions are practiced.

I was in Connecticut recently and found that in some areas there are no Intergroup or central offices or volunteers to work them. The number and frequency of meetings there are diminishing at an alarming rate.

In many groups, more emphasis is placed on reading the ninth step promises than on reading the traditions.

Like the steps, the traditions are in a specific order, and Tradition One, like Step One, is of primary importance to all that follow.

Tradition One empha-

sizes unity. Just as the alcoholic who takes a drink loses all hope for just as long as he or she continues to drink, the group or area that doesn't practice Tradition One is doomed to failure as well.

The longer form of Tradition One tells us this is so: "Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterwards."

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The Voice January 2012

Congratulations January Birthdays!

This issue we celebrate a collective 425 years — more than 155,125 days of sobriety. One day at a time!

Barbara T	36 years	Ryan S	4 years
Bill L	32 years	Alex W	3 years
Joureen P	31 years	Angela E	3 years
Judy L	29 years	Cindy C	3 years
Bill H	28 years	Josh G	3 years
Wes H	22 years	Patti B	3 years
Charlie T	20 years	Ray D	3 years
Lewis G	19 years	Sonja C	3 years
Jon D	18 years	Alexandra C	2 years
Charles J	15 years	Charlie D	2 years
Katie H	15 years	DeEtta	2 years
Larry B	15 years	Diane C	2 years
Bob L	13 years	Jim S	2 years
Karen H	11 years	Michael S	2 years
Ebbo K	6 years	Sequoia	2 years
Richie M	4 years	Sue P	2 years

Aaron	1 year
Lynsey	1 year
Michelle S	1 year

DECEMBER 2011

Jacques	37 years
Lou	18 years
Kelly O'	7 years
Mike S	5 years
Aaron	1 years
Devin	1 years
Troy	1 years

Deadline for birthdays is the 20th of the preceding month.

Email: thevoice@aaocalamarion.org

Or phone: 352-867-0660

Join the **Birthday Club**

Celebrate an AA anniversary yours or another member'swith a contribution. Send name, sobriety date, years of sobriety, and a donation — suggested is \$1, \$5, or \$10 for each year of sobriety to:

> Intergroup District 17 3666A N.E. 25th Street Ocala, Florida 34470

Finding Freedom

conveniently forgotten the part from eighth-grade science that says.

"Scientific inquiry is generally intended to be as objective as possible and to reduce biased interpretation." But who reads the fine print?

For nearly 25 years, I periodically repeated that experiment, and always to the same satisfying result. 90 days. No drinking. Not an alcoholic.

As it turns out, there's something to this scientific method after all. In 2006, after spending a couple of years on a liter-or-more-of-vodka-a-day bender, I decided it was time to run the experiment again. All indicators said I should: no bath in eight days, hardly any food, passed out on the couch except to get another drink. My family distraught, bills unpaid, clients irate, and a relationship in free fall.

Time for the scientific solution, again. I abruptly stopped drinking, and four days later my body, then in fullblown withdrawal, rebelled into total system failure. Another 10 days later, by the grace of my higher power and the skill of his trusted servants in the medical professions, I awoke in intensive care barely alive.

In that hospital bed, unable to walk, eat, or even urinate on my own and barely able to breathe unaided, I discovered powerlessness. Finally, after years of scientific experimentation, I found truth. I had proven my hypothesis wrong, which is a perfectly legitimate

outcome of the scientific method. I had demonstrated conclusively: I was powerless over alcohol. My life had become unmanageable in every conceivable way. I was a true alcoholic.

I don't recommend this method of discovery to others, but beginning with that miracle of survival, an unbroken string of miracles brought me to Alcoholics Anonymous and has kept me coming back for more one day at a time ever since. Some may not see the mundane events as miraculous. I see them as nothing less.

First, there was a strange little man who came to my bedside in the hospital and told me I should never drink again and handed me a sheet of paper with some phone numbers on it. I first called the number of a highly respected recovery program, and the counselor who answered said the program didn't have any openings, but suggested that I try Alcoholics Anonymous. She then matter -of-factly acknowledged that she was an alcoholic in recovery and that AA is where she got and stays sober. Zap the miracle of carrying the message.

She suggested I call Intergroup 17 in Ocala, Florida. I wanted nothing to do with AA, but desperation had set in. I hesitatingly punched in the digits. The warm voice of the person on the phone at Intergroup reassured me that there was a solution and directed me to my first AA meeting. Zap, I was Twelfth-Stepped!

At that first meeting, I encountered a roomful of incredibly diverse — in every sense of the word —people didn't seem to care at all that I obviously didn't want to be there and most likely didn't want to get to know them either. They just welcomed me in. As I gazed around the room. I noticed a carved wooden sign nailed above the door, "You are not alone now." Zap, the power of the fellowship.

Those people — now my home group — shared their experiences, and as I listened, I heard them tell to my surprise parts of my story. I heard in their stories my own pain, my despair, my desperation. They didn't stop there. They also shared their strength and hope, and miraculously in that one hour, I came to the realization of who I was. I knew I was one of them. I knew I was home. Zap. Zap. Zap.

What irony. I who fought so hard against defeat found in surrender a power greater than myself who can restore me to sanity. I have found a happiness, joy, and freedom I never knew could exist just by admitting that I am powerless over alcohol and that may life has become unmanageable.

I gratefully and humbly acknowledge the existence of that higher power who lives just beyond Step One every time I say the most liberating words I have or ever will say, "My name is Max. I am an alcoholic."

Max R Ocala, Florida January 2012

The views, expressions, and opinions presented by individual members are those of the author and not necessarily those of Alcoholics Anonymous or Intergroup 17.

The Voice January 2012

District 17 Corner

Area 14 North Florida Area Assembly January 14-15, 2011 St. Augustine

GSRs plan now to attend. All members welcome.

Tentative Schedule. Subject to Change.

Saturday January 14, 2011

8:00 am - 5:30 pm Registration 9:00 am - 4:15 pm Workshops 5:30 pm - 7:30 pm Dinner

7:30 pm - 9:30 pm Agenda items meeting

Sunday January 15, 2011

8:00 am - 9:00 am Registration 9:00 am - 12:00 pm Business Meeting

Full Agenda Online www.aanorthflorida.org/assembly agenda

Location and Hotel Reservations

The Renaissance Resort, 500 South Legacy Trail, St. Augustine, Florida 320921 Tel: 904-940-8000 Link to online booking at:

www.aanorthflorida.org/assembly_agenda

Easy to write about. A challenge to live.

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The traditions protect us from each other. Gossip, mean—spirited inventories of others, arguing for arguments sake, and a false sense of superiority degrade our unity.

It is easy to write about Tradition One, but quite another challenge actually to live it. The ego says: "I know the right way this should be done. I should be able to talk about anything I want. "The world is changing; these old fashioned AA ideas and ideals have to change as well."

Really? These old AA ideas and ideals have stood us well for over a half a century. That's why we call them "traditions." They will continue to serve us well, just as long as we consciously put our common welfare first. Quite an order for the self-centered.

Prepared by Bob C

The thoughts, expressions, and opinions of individuals who write for The Voice are not necessarily those of Intergroup 17 or Alcoholics Anonymous as a whole.

District 17 to Host Registration

North Florida Area Assembly January 14-15, 2011

Volunteers needed to staff the registration desk.

To volunteer or for more information:

Phone: 352 867-0660

Email: district 17@aaocalamarion.org

See column to the left for more details on the Area 14 meeting.

DISTRICT 17 TREASURER SOUGHT

District 17 is seeking a volunteer to serve as District Treasurer. Simple bookkeeping and budget management skills needed. Two years of sobriety required. If you love service, learn more. Call 352 867-0660 or attend the next District 17 meeting, January 29, St. Mark's Methodist Church.

Intergroup Insights

Happy New Year!!

Another year is here and there is so much to be grateful for especially another day of sobriety. Thank you to the desk volunteers, after hours team, the guys who painted the office, and the picnic volunteers.

Would you consider becoming a desk worker, or serve on the after hours phone team, be a part of the web site committee, write an article for The Voice, or add your name to the 12 Step call list, or speaker list?

These are some of the ways you can give back to Alcoholics Anonymous. Call 352-867-0660 or email, aao-calaintergroup@gmail.com. What a great way to start the New Year!

Connie C Intergroup District 17 Office Manager

Urgent Need. Women to take meetings to prisons.

Corrections Committee needs women volunteers to take meetings into local correctional institutions. The need is critical. The service is great. Apply now. For more information, contact Lori M. through Intergroup 17 at 352-867-0660.

To Contact District 17

To contact a District 17 officer, service chair, or GSR, call 352.867.0660 or email: district17@aaocalamarion.org

New Meeting Joy of Living Starting January 2, 2012 Weekdays, Noon to 1 pm

Monday -Thursday Closed Discussion Fridays, Closed Beginner Ocala West

> United Methodist Church 9330 SW 105th Street Ocala, Florida

Upcoming Area Events

- North Florida Area Assembly January 14-15, 2012, St. Augustine, FL www.aanorthflorida.org/assembly_agenda
- •District 17 Monthly Meeting January 29, 6 pm. St. Marks UMC,

The Voice by Email



Subscribe for free. Send an e-mail with "Free Voice" in the subject line to: thevoice@aaocalamarion.org

The Voice by e-mail is sent anonymously in PDF format. No one else can see your email address. Requires Adobe Reader software. Printed copies available at Intergroup office.

A more compact, leaner Voice

You may have noticed *The Voice* is quite a bit leaner this issue. The Intergroup Steering Committee voted on this change at its last meeting as a cost savings measure. For additional information about Intergroup and local meetings and happenings, please visit our website:

www.aaocalamarion.org

The Voice January 2012

Group Contributions to Intergroup 17 November 2011

Intergroup 17's fiscal year runs June 2011-May 2012.

Contributions below are from June 1, 2010 through November 30, 2011.

Please report any errors or discrepancies to Intergroup 17.

GROUP NAME	Nov '11 Contribu- tions	Contributions 6/1/11- 11/30/11	GROUP NAME	Nov '11 Contribu- tions	Contributions 6/1/11- 11/30/11
11th Step Group		\$ 50.00	Lifesaver Group		153.23
164 Pages Group		167.50	Living Sober Group		35.05
Acceptance			Lunch Bunch Group		
Alive and Well		50.00	Marion Oaks Group		1.69
All You Need Group		45.00	McIntosh Group	20.00	20.00
As Bill Sees It		247.25	Men's Group Ocala		262.50
Belleview Eye Opener	\$50.00	100.00	New Attitudes Group		0.27
Belleview God's Way		5.02	No Name Group		45.00
Belleview Group	0.4	4 005 04	Ocala Group	237.43	556.90
Breakfast Club	.34	1,265.84	One Day at a Time	200.00	325.41
Cabin in the Woods Came To Believe	.21	200.00 48.37	Primary Purpose Group		39.00
Citra Group	.21	.82	Shores of Sobriety		59.27
Come As You Are	•	.02	Sisters of Serenity		75.00
Conscious Contact		77.56	Serenity Group		
Experience, Strength & Hope			Sober Yankees		100.00
Forest Group		20.07	Start A New Life		200.00
Forest Men's Group		75.57	Strength In Numbers		10.00
Fort McCoy Group	40.68	40.68	Summerfield Group		
Fountain of Gratitude			Sundae Social Group		
Free To Be		10.00	TLC Group, The Centers		
Fresh Start		.26	Together We Can		5.00
Grace Group		0.07	We Give Up		50.00
Grateful Gals		35.00	Weir Crazy	40.00	60.09
Grupo Mano Abierta			Westside Recovery	100.00	100.00
Happy Hour Group			Young People's Group		
Happy, Joyous & Free	130.25	1,225.80	Zion-Blichton Group	12.00	61.12
Headstart Group		102.96	Archives		
Healing Group		30.00	District 17		219.62
It's In The Book			Birthday Club (personal)	34.00	34.00
It's Not Them Group		.31	Faithful 5-ers (personal)	5.00	35.00
Keep It Green			Individuals members	60.12	154.96
Keep It Simple		355.65	Total	\$784.03	\$7294.64
Last Call Group		100.00	· Juli	Ψ1 07.03	Ψ1 237.07

Looking for more information about AA and the local fellowship? Visit www.aaocalamarion.org

- Information for the newcomer
- Where and When meetings list
- Schedule of events

- **Volunteer opportunities**
- The Voice, all issues
- Much, much more

How Groups and Individuals Support the Work of AA

Below is an example of the break down in contributions if your District has an Intergroup office. This is taken from the information pamphlet:*

"SELF-SUPPORT: WHERE MONEY & SPIRITUALITY MIX"

50% Intergroup District 17 Inc. 3666A NE 25th Street Ocala, FL 34470

30% AA General Service Office P.O. Box 459 6035 E. Tudor St. New York, NY 10164

10% North Florida Area Conference 5205 N. Sonora Terrace Beverly Hills FL 34465

10% District 17
P.O. Box 3081
Ocala, FL 34478

*AA General Service Conference approved literature

Intergroup 17 Call Center November 2011

Meeting info requests	92
Office transactions	63
Twelfth Step Calls	3
Visitors	44
Al-Anon	5
Miscellaneous	59

Live by the books? Buy the books!



Find a complete selection of AA conference approved literature and much more available at the Intergroup office,